



Care Team: Meals Prep Team

Give practical and tasty meals to people and families who are going through crisis or grief.

Why prepare meals?

Providing a meal to a family puts a very sweet taste in their mouths. It lets them know God loves them and the people who love God care about them. Providing a meal takes pressure off the family to prepare or buy a meal when their physical or emotional energy level is low. The meal meets a physical need but also feeds and strengthens their relational and emotional needs. They feel God's love through the food we give and the kindness we show to them.

Your role in preparing meals

- You work together as a team. The Care Team leaders interview and assess the need of the family.
- They give you instructions about any special situations or needs.
- You call the family to arrange the delivery.
- When you deliver the meal you spend whatever time is appropriate expressing your concern and care for them and your faith in Christ.

Expectations

- Agree to receive by e-mail or phone call notice of needs.
- Respond to the notice according to what is needed, where the family is located and when the meals are to be prepared and delivered.
- Prepare the meal and call the family to arrange for delivery.
- Deliver the meal.
- You will receive from the Care Team specific instructions on how to prepare/deliver the meal.

Next steps . . .

- If this is a good ministry fit, you sign up for meal preparation with SRC office.
- A Care Team leader will call and review the job with you.
- You will get an e-mail notice of a need with information about where and when your meal is needed. Respond to it!
- Attend Care Team meetings 1-2 times a year. (Optional)

Notes . . .

- SRC prepares meals for all types of people regardless of their social or economic status. It is the love and kindness that makes each meal special
- Meal preparation is easy—just make a double portion of the meal you are serving to your family that day or that week.
- The Care Team is led by Pastor Jack Crabtree, Andy Abbott, Judy Chin Bock and Marijayne Polcari.

SRC's mission: lead as many people as possible into a joyful & growing relationship with Jesus Christ